



WELCOMEPACK SENIORS 2009-10

WELCOME TO ROUNDWOOD NETBALL CLUB

We would like to take this opportunity to welcome you to Roundwood Netball Club, and hope that you will enjoy your netball days with us.

A few names for your reference, if you have any queries regarding anything, you can talk to them at any time: -

Club Secretary / Coach / A team Captain
Treasurer and Umpiring Secretary
New Kit Secretary
Website Secretary
B Team Captain
C Team Captain (Croydon)
C Team Captain (MET)

Sara Marsh
Tara Jelley
Ray Andrews
Lisa Sams
Emma Clarke
Abbie Regealous
Joanie Goss

07941 236 249
07957 349 011
roundwoodkit@btinternet.com
07866 509 344
07779 597 626

FEES

It is compulsory that all fees are paid monthly by standing order. Please arrange for a standing order to be set up as soon as possible. If you have any queries regarding this, please speak to Sara.

Payment Option	Price	What's included?
Training Only and Development Squad	£15 per month	This includes weekly training sessions. Affiliation will also be paid for every September if you have been on standing order for more than 6 months prior to affiliation date
Training and matches	£25 per month	This includes weekly training sessions, matches, tournaments and some social events subsidised. Affiliation will also be paid for every September if you have been on standing order for more than 6 months prior to affiliation date

A standing order form is attached. However, if you are going to ring your bank or use e-banking, then the bank details are as follows: -

Over 14's

Bank: Barclays

Sort Code: 20-24-64

Account Number: 30211834

Please quote your name as the reference number, so that it is easy to identify on the bank statements.

AFFILIATION

The England Netball insurance scheme is linked to Affiliation, and ensures that Registered Participants are covered for Civil Liability and Personal Accident Insurance. Affiliation is compulsory even if you are only training and is paid once a year.

This amount changes yearly, but for the 2009-10 season affiliation is £28. If you have been on standing order for more than 6 months prior to end August each year, this affiliation will be covered by your fees. If you pay by any other options, this will need to be paid by cash / cheque at the end of August each year

To read more regarding affiliation and the governing body of netball, please visit the England Netball website at <http://www.EnglandNetball.co.uk/Membership/>

TRAINING

During the winter month's training is held on a Thursday evening. The adult section will train between 8-9.30pm.

The venue for training sessions is Croydon High School, Old Farleigh Road, Selsdon. (See map below)

Over the summer months training is varied and involves runs, games of rounders, squash, tennis etc, which are held on Saturdays; more information is available as and when activities are arranged.



DEVELOPMENT SQUAD LEAGUE FIXTURES 2009-2010

We are continuing the league this season. Once again this league will take place on the training night of the **home** team. Below are the fixtures for the season.

DAY AND DATE	OPPOSITION	VENUE	TIME
THUR 24 th SEPT	PLEIADES	@ Croydon High	7-8pm
TUES 20 th OCT	HOWARD	@ Croydon High	7-8pm
THUR 19 th NOV	CHEQUERS	@ Croydon High	7-8pm
WED 9 th DEC	PLEIADES	@ Haling Manor	6.30-7.30pm
THUR 28 th JAN	HOWARD	@ Croydon High	7-8pm
THUR 25 th FEB	CHEQUERS	@ Haling Manor	7-8pm
THUR 25 th MAR	PLEIADES	@ Croydon High	7-8pm
TUES 20 th APRIL	HOWARD	@ Croydon High	7-8pm
THUR 20 th MAY	CHEQUERS	@ Croydon High	7-8pm
THUR 17 th JUNE	TOURNAMENT	@ Croydon High	6.30-8.30pm

- Please note the day of the matches and the venue. Not all teams play at Croydon High or train on a Thursday night. Please note the different times as well.
- On the away fixtures I appreciate that not all members will be able to make the opposition's training night. But if you turn up, you will play in the match.
- On the weeks when there is an away match on a different night to our training night, **training will still take place as usual on the Thursday 7-8pm.**

Oppositions addresses:

Pleiades & Chequers: Haling Manor School (now known as Harris): Kendra Hall Road, Purley, (off Pampisford Road)

Howard: Croydon High School.

The season will end with a tournament. Again this was trialled last year and this year we will be extending the time of the tournament to 2 hours.

You will also be having monthly matches in your training sessions against our C team. Dates are as follows:

- 10th September
- 8th October
- 5th November
- 3rd December
- 14th January
- 11th February
- 11th March
- 8th April
- 6th May

A TEAM FIXTURES LIST SEPT 09 – JUNE 10

Date	Time	L	Opponents	Venue	H / A
5.9.09	9.30	C	BSRALLY	SH	
12.9.09		C	SPARE		
19.9.09		M	Alpha A	Camberwell	A
26.9.09	10am	C	Wands A	Shirley High	H
3.10.09	10am	M	Purley A	Shirley High	H
10.10.09	1.30pm	C	HS A	Shirley High	A
17.10.09	10am	M	New Ed	Shirley High	A
24.10.09	11.45	C	Chequers A	Shirley High	H
31.10.09	10am	M	Pleiades B	Shirley High	H
7.11.09	11.45	C	Karisma A	Shirley High	H
14.11.09	10am	M	Apollo	Shirley High	H
21.11.09	10am	C	Portas A	Shirley High	A
28.11.09	10am	M	Omega	Shirley High	H
5.12.09	7pm		XMAS	SOCIAL	
5.12.09	10am	M	Capital Nun	Shirley High	H
12.12.09	10am	C	Croham	Shirley High	A
9.1.10	11.45	C	CMO A	Shirley High	H
16.1.10	10am	M	Alpha A	Shirley High	H
23.1.10	1.30pm	C	Wands A	Shirley High	A
30.1.10	10am	M	Purley A	Purley Ridge	A
6.2.10	10am	M	New Ed	Shirley High	H
13.2.10	11.45	C	HS A	Shirley High	H
20.2.10		M	Pleiades B	CROYDON	A
27.2.10	10am	C	Chequers A	HM	A
6.3.10		M	Apollo	CROYDON	A
13.3.10	11.45	C	Karisma A	Shirley High	A
20.3.10		M	Omega	Brixton	A
27.3.10	1.30pm	C	Portas A	Shirley High	H
17.4.10	11.30	M	Capital Nun	Southfields	A
24.4.10	10am	C	Croham	Shirley High	H
1.5.10	11.45	C	CMO A	Shirley High	A
8.5.10		C	PLAYOFF	Shirley High	
15.5.10	9.30	C	RALLY	Shirley High	
15.5.10	6pm		SENIOR	SOCIAL	@
19.6.10	9.30	C	Versatility	Rally	SH
3.7.10	3pm		BBQ &	AWARDS	@

Please, if you cannot play in a game give me as much notice as possible, otherwise I will assume you can all play, to help save on text messages and phone calls. Remember if we have to rearrange a CNL game we have to play it before the original date, otherwise we lose 2 points! Games to be completed by 9.1.10 and 8.5.10.

B TEAM FIXTURES LIST SEPT 09 – JUNE 10

Date	Time	L	Opponents	Venue	H / A
5.9.09	9.30	C	BSRALLY	SH	
12.9.09		C			
19.9.09		M	Alpha B	Camberwell	A
26.9.09	11.45	C	Warren Z A	SH	H
3.10.09	11.45	M	HSBC	SHIRLEY	H
10.10.09	12pm	C	HSBC	Lennard Rd	A
17.10.09		M	Bank Eng	Roehampton	A
24.10.09	10am	C	Forestdale	SH	H
31.10.09	11.45	M	Wellcome	SHIRLEY	H
7.11.09	10am	C	Karisma B	SH	H
14.11.09	11.45	M	Whyteleafe	SHIRLEY	H
21.11.09	11.45	C	Lifeline A	SH	A
28.11.09	11.45	M	Wandsworth	SHIRLEY	H
5.12.09	7pm		XMAS	SOCIAL	@
5.12.09	11.45	M	Warren Z	SHIRLEY	H
12.12.09	1.30	C	Demonettes B	SH	A
19.12.09		C	SPARE		
9.1.10	11.45	C	CMO B	SH	H
16.1.10	11.45	M	Alpha B	SHIRLEY	H
23.1.10	10am	C	Warren Z A	The Warren	A
30.1.10		M	HSBC	Lennard Rd	A
6.2.10	11.45	M	Bank Eng	SHIRLEY	H
13.2.10	10am	C	HSBC	SH	H
20.2.10		M	Wellcome	Beckenham	A
27.2.10	10am	C	Forestdale	SH	A
6.3.10		M	Whyteleafe	Warlingham	A
13.3.10	11.45	C	Karisma B	SH	A
20.3.10	10am	M	Wandsworth	SHIRLEY	A
27.3.10	11.45	C	Lifeline A	SH	H
17.4.10	10am	M	Warren Z	The Warren	A
24.4.10	1.30	C	Demonettes B	SH	H
1.5.10	10am	C	CMO B	SH	A
8.5.10		C	SPARE		
15.5.10	9.30	C	RALLY	SH	
15.5.10	6pm		SENIOR	SOCIAL	@
19.6.09	9.30	C	Versatility	Rally	SH
3.7.09	3pm		BBQ &	AWARDS	@

Please, if you cannot play in a game give Emma as much notice as possible, otherwise she will assume you can all play, to help save on text messages and phone calls. Remember if we have to rearrange a CNL game we have to play it before the original date, otherwise we lose a point! Not good if we are looking for promotion to Division 2! Games to be completed by 9.1.10 and 8.5.10.

C TEAM FIXTURES LIST SEPT 09 – JUNE 10

Date	Time	L	Opponents	Venue	H / A
12.9.09	10am	C	Chequers E	HM	A
19.9.09		M	Hillcrest	Warlingham	A
26.9.09		C	SPARE		
3.10.09	10am	M	Wickham	SHIRLEY	H
10.10.09	11.45	C	ACE	SH	A
17.10.09	1.30pm	M	Redhill	Reigate	A
24.10.09	10am	C	Chequettes	SH	H
31.10.09	10am	M	Pleiades C	SHIRLEY	H
7.11.09	10am	C	Cricketts C	SH	H
14.11.09	10am	M	United	SHIRLEY	H
21.11.09	1.30pm	C	Lifeline C	SH	A
28.11.09	10am	M	Highlanders	SHIRLEY	H
5.12.09	7pm		XMAS	SOCIAL	@
5.12.09	10am	M	Chequers D	SHIRLEY	H
12.12.09	10am	C	Emaunal	SH	A
19.12.09			SPARE		
9.1.10	1.30pm	C	CMO C	SH	H
16.1.10	10am	M	Hillcrest	SHIRLEY	H
23.1.10	1.30pm	C	Chequers E	SH	H
30.1.10	11.45	M	Wickham	SHIRLEY	A
6.2.10	10am	M	Redhill	SHIRLEY	H
13.2.10	1.30pm	C	ACE	SH	H
20.2.10		M	Pleiades C	CROYDON	A
27.2.10	10am	C	Chequettes	HM	A
6.3.10	10am	M	United	SHIRLEY	A
13.3.10	1.30pm	C	Cricketts C	SH	A
20.3.10	11.30	M	Highlanders	Trinity school	A
27.3.10	11.45	C	Lifeline C	SH	H
17.4.10		M	Chequers D	Haling Manor	A
24.4.10	11.45	C	Emanuel	SH	H
1.5.10	10am	C	CMO C	SH	A
8.5.10			SPARE		
15.5.10	9.30	C	RALLY	SH	
15.5.10	6pm		SENIOR	SOCIAL	@
19.6.10	9.30	C	Versatility	SH	
3.7.10	3pm		BBQ &	AWARDS	@

Please, if you cannot play in a game give Hannah or Abbie as much notice as possible, otherwise they will assume you can all play, this will help save on text messages and phone calls.

Remember if you are playing at Shirley High you need to get posts out and put away after every home game.



ROUNDWOOD NETBALL CLUB Kit Order Form

Please pass completed form with monies to Sara Marsh,
Elizabeth/Katie/Raymond Andrews, Or email your order to
roundwoodkit@btinternet.com And pay via a credit transfer (details on
receipt of order) - No kit ordered nor supplied until full payment is received

ITEM						PRICE	TOTAL	
SKIRT	Skirt in Eastman Purple with White piping							
Size	22" Waist	24" Waist	26" Waist			£15.00		
Quantity								
Size	28" Waist	30" Waist	32" Waist	34" Waist		£18.00		
Quantity								
SHIRT	White Polo with Sleeves, Roundwood Club Badge Embroidered on left breast							
Size	5-6 26"	7-8 28"	9-10 30"	11-12 32"	13 34"	14-15 36"	£11-50	
Quantity								
SHIRT	White Sleeveless Polo , Roundwood Club Badge Embroidered on left breast, Velcro strips attached and name on reverse (included in price)							
Size	S size 10	M size 12	L size 14	XL size 16		£20.00		
Quantity								
Name - Please write in block capitals NAME to be printed on reverse								
HOODIE	Light Grey hooded sweatshirt with Roundwood Club Badge Embroidered on left breast (name on reverse optional)							
Size	5-6 26-28"	7-8 28-30"	9-10 30-32"	11-12 32-34"		£11.50		
Quantity								
Size	XS 34-36"	S 36-38"	M 38-40"	L 40-42"	XL 42-44"	£24.00		
Quantity								
Name - Please write in block capitals NAME to be printed on reverse						£6.00		
WATERPROOF	Waterproof, fleece lined jacket in Navy with Roundwood Club Badge embroidered on left breast							
Size	9-10 30"	11-12 32"	13 34"			£15.00		
Quantity								
Size	28" Waist	30" Waist	32" Waist	34" Waist		£28.00		
Quantity								
HAT	Knitted Hat in Navy with Roundwood Club Badge Embroidered – One Size							
Quantity						£5.00		
						Total Cost =		

Name	
Contact Tel-No	
Email	

STANDING ORDER MANDATE

To _____ Bank

Address _____

Please Pay	Bank		Sorting Code Number
	Barclays Bank		20 - 24 - 64
For the credit of	Beneficiary's Name	Account Number	Reference (Name)
	ROUNDWOOD NETBALL CLUB	3 0 2 1 1 8 3 4	
	Amount	Amount in words	
	£		
commencing	Date of first payment	and thereafter every	Due date and frequency

Account to be debited	Sort code	Account Number	Name (s) on account
	- -		

Signature(s) _____

Date: _____

PLEASE GIVE THIS FORM DIRECTLY TO YOUR BANK

CLUB RULES AND ETIQUETTE (OVER 18'S)

Please read these rules and make sure they are abided by at all time. This will make the club and league a friendlier place to play netball.

Roundwood Netball Club is fully committed to safeguarding and promoting the well-being of all its members. The club believes that it is important that members, coaches, administrators and parents associated with the club should, at all times, show respect and understanding for the safety and welfare of others. Therefore, members are encouraged to be open at all times and to share any concerns or complaints that they may have about any aspect of the club with Sara Marsh, Club Secretary

Joining rules:

- **Affiliation fees** must be paid to SCNA as a means of insuring yourself to play netball for the season
- You must submit 2 **passport photos** with your name printed and signed on the back
- **Direct debit or standing order is compulsory** to pay your fees. **Fees** are set at £25 a month and this entitles you to train every Thursday and play in matches on a Saturday

Existing members:

- **Fees** must be paid every month of the year. This helps to spread the cost of the season throughout the year and will include your affiliation for the following season. Should you know that you will not be playing the next season (e.g. going to university) and therefore do not need to affiliate then you should pay up to the end of 31st July.
- Your **affiliation** will be paid using your August fees. This will insure you to play for the forthcoming season.
- If you are **injured** you must continue to pay your fees for the first month of the injury. If it becomes obvious you will need to be recovering for longer than 1 month, then you should continue to pay your fees. For every complete month you are out injured after the first month the club will refund your fees. You can then return to matches and training when you feel ready.
- **Pregnancy:** if you fall pregnant, you may cancel your direct debit. When you wish to return to playing, you must pay your affiliation and recommence your direct debit before you can train or play a match.
- Optional **study leave**, we offer 3 options. In writing you must inform the club of your intentions to have study leave.
 1. Just play matches for £10 per month
 2. Just train for £15 per month
 3. Cancel direct debit and stop all playing and training
 - After your exams your fees must be corrected to £25

Training rules:

- Training will always be on except for Christmas holiday periods.
- Training is coached by club members and invited coaches.
- **All coaches must be treated with respect.**
- Give your coaches feedback for their sessions.
- Please listen to the coach and ask questions when appropriate. Be enthusiastic!
- Encourage each other in training; we are all there to learn.
- Training starts promptly at 8pm, please arrive at **7.45pm** to be able to start promptly.
- Training finishes at 9.30pm; therefore please ensure you have transport arranged for that time.
- Text if you simply cannot attend.

Socials:

- These are organised by the social secretary.
- Socials must be paid for separately to fees, often prior to the event.
- Every year there is a Christmas social (usually 1st weekend in December), end of season BBQ and awards evening, Dinner Dance organised by CNL (normally the last weekend in June) and the club's AGM.

Matches; your responsibilities and behaviour:

- It is your responsibility to inform your captain of your **availability** to play throughout the season. So please give as much warning as possible for any known absences such as school fixtures or holidays.
- If you know you cannot play you must **phone your captain** (not text) so that you have spoken to them or at least left a phone message.
- You must arrive **30 minutes** prior to the start of the match.
- Late arrivals could forfeit your place in the starting 7 for the match.
- On home games help set up and clear away posts for match. If posts are left out, we are charged £10
- You must be wearing correct kit for matches. White T-shirt, purple skirt, white socks, sports trainers (correctly tied) grey jumper and/or blue tracksuit bottoms in cold weather. Nails must be short ready to play. No jewellery.
- Warm up properly with your team. Ensure all balls are placed back into kit bag once you have finished using them.

During match:

- Listen to the umpire and respect their decisions. You should say nothing, don't tutt, or display any negative body language. If you do not understand something, approach your captain who can then ask the umpire for clarification at the intervals.
- If you did not hear an umpire's decision or unsure what they mean, politely ask them to repeat the call or clarify.
- Check where a penalty has been set and that you are taking it in the correct place.
- Always be positive towards team mates, umpires and opponents

After match:

- Always shake hands with all opponents. Huddle up with team for loud 3 cheers.
- Thank umpire personally.
- Offer refreshments to your partner on home games.
- Please help your captain clear away match balls, first aid kit, refreshments, bibs, posts and make sure you complete your player of the match slip.
- Inform your captain of your availability for the next Saturday's fixture.

Tournament rules:

- Arrive at 9.30am and warm up ready to play at 10am
- Tournaments usually finish at 3.30pm
- Take match ball to your court, if it is not used remember to collect it after the game
- Ensure you are on court at the correct time and are quick to change ends at half time
- After the match shake hands quickly with opponents, do 3 cheers and move quickly off the court.
- Offer our umpire a scorer
- Take results slip into tournament organiser
- Bring £1 for raffle tickets and money for lunch/drinks if you wish

Any rule not being adhered to will be noted and necessary actions taken to ensure it does not happen again.

Most of all enjoy playing the game.

The club rules were approved by a body of 12 players on February 23rd 2006. Each rule was discussed and approved or changed accordingly.

CHILD PROTECTION POLICY STATEMENT

Roundwood Netball Club is committed to ensuring that all young people who play sport have a safe and positive experience. The club is committed to developing and implementing policies and procedures which ensure that everyone knows and accepts their responsibility in relation to a duty of care for young people.

Roundwood Netball Club recognises that it is not the responsibility of those individuals working within the club to determine if abuse has taken place, but it is their responsibility to act upon and report any concerns.

If any person within the club has a doubt to this policy's relevance to their role and duties then please contact Clare Russell, the Child Welfare Officer for Roundwood Netball Club.

The Club and those involved with the club will abide to the following principles and statements:

- All young people within Roundwood Netball Club, regardless of age, gender, race, religion, sexual orientation, ability or disability, have the right to be protected
- All young people participating in sport have a right to do so in a safe environment
- Adults working at Roundwood Netball Club will provide a safe, positive and fun sporting experience for young people
- Adults – volunteers, coaches and officials will understand and be supported in their role and responsibility with regard to the Duty of Care for young people
- All suspicions and allegations will be taken seriously, managed and dealt with swiftly and appropriately
- It is the responsibility of the child protection experts to determine whether or not abuse has taken place, but it is the responsibility of all those working within Roundwood Netball Club to report any concerns
- The club will assist coaches, volunteers and officials to remain up-to-date with the latest Child Protection issues
- The club will appoint a Child Welfare Officer whose role is to be responsible for issues concerning child welfare at the club
- The club will carry out regular risk assessments to ensure the safety of young people and all members of the club